

*Written in*  
**STONE**

— Messages from the heart: for hope and healing —



SOUTHEAST  
**Radiation  
Oncology**  
CENTER



# *Written in* **STONE**

The physicians and staff of Southeast Radiation Oncology Center believe that healing is a communal experience, best achieved close to home, surrounded by the support of family and friends. For this reason, they paused to reflect mid-construction and asked the community to share messages of hope and healing for all those who would one day receive treatment.

More than 150 individuals from Juneau attended the event on that glorious sunny day in August, 2013 to share words of encouragement. Many more – moved by the importance of this event – emailed their thoughts, mailed in their messages and called with their words. These inscriptions are offered with heartfelt inspiration to all touched by cancer – patients, physicians, caregivers, and family members. Sometimes the words mirror the surface on which they are written – raw, filled with struggle and fight; more often they reflect hope and encouragement. But in every way they are all ***Written in Stone***, inscribed on the unfinished concrete walls of the treatment room and permanently embedded in the physical make-up of the facility of healing.

This commemorative book is published in recognition of those who came to share on that day and who have felt the impact of cancer. It is to remind those receiving daily treatment that many have stood around the perimeter where they lie in support of their journey. It is in recognition that healing happens not only through access to state of the art clinical care, but also in concert with the support of family and a community of caregivers.

## **The physicians and clinical care team believe in practicing H.O.P.E**

Helping patients heal close to home surrounded by the support of their family.  
*Together, we practice HOPE.*

Openness and transparency in all of our communications as it relates to our patients' treatment planning, interdisciplinary care, and account management.  
*Together, we practice HOPE.*

Patient centered approach that will drive our empathetic delivery of care. We recognize that healing is multi-dimensional and is best accomplished in an environment promoting respect, compassion, and teamwork.  
*Together, we practice HOPE.*

Excellence in clinical care through the deployment of state of the art technologies, the application of cutting edge treatment protocols, and the highest standards of professional conduct – all promoting exceptional outcomes for patients. *Together, we practice HOPE.*



Suffering produces perseverance  
perseverance → character  
Character → Hope. And Hope  
will NOT fail

For Molly, You kick it BABE!

EM- Beat it Back!

The Spirit is what matters.

Rick Urion,  
You are loved and missed by us all.

**GINGER**

Keep your chin up!!!

Life isn't about waiting for the storm to pass,  
it's about learning to dance in the rain.

—Vivian Greene

No matter what happens,  
you will live in my heart forever.

**KTW**

“Don’t give up the ship” and persevere in Faith.

—CAPT. JACK CADIGAN, STAGE IV COLON 1998-2002

Mom, You are loved and missed!

Always in our hearts!

**KATHY**

May the Force be with you!

Grace comes by art and art does not come easy.

Make yourself familiar with the angels,  
and behold them frequently in spirit, for without being seen,  
they are present with you. —St Francis de Sales

**MARY PAVAO**



ALWAYS  
KEEP A POSITIVE  
ATTITUDE  
Tom R



Now may the Lord  
of Peace himself give  
you Peace at all times  
in every way. The Lord be  
With all of you.

2 thessalonians 3:16

In memory of Jerry  
and Lynna (Emerton)  
Prescott

HOPE Dont Let ta ke control  
you take control of cancer. Have Faith

I Love my kids they gave me the strength  
to go on. Brady, Vicki, Danny, Ashley and my  
Grandchildren helps me wake up EVERY DAY

Taylor, Star, Hayden, Brooklyn, McKenna,

Matthew, Tyler, Derek I Love YOU

all. Paul Maye Da

Live Life Love Life, I miss friends and  
I lost to cancer But today we can Beat it.

Live Life Strong Hold Faith,  
Keep Love alive.  
Trust in God!

**CARMEN CORTEGE, STAGE 3B LUNG CANCER**

When your loved one has cancer and is  
fighting, so is the family. Remember patience,  
compassion, love and tears are okay!

Be strong and you can beat this!!!  
Think of the good things every day. Luvs.

**GILBERT**

When you pass through the waters, I will be with  
you. And when you pass through the rivers they  
will not sweep over you, when you pass through the  
fire, you will not be burned, the flames will not set  
you ablaze. —Isaiah 43.2

May the Lord bless and keep you.

**TANYA PETRYNYAK**

You will have to overcome odds that may be stacked against you.  
But you can change the outcome of your life if you will refuse  
to give up. Hope and each day refine your vision of who you  
are. It will require a new way of seeing. —Bishop TD Jakes

A real life saver.

**R.M.**

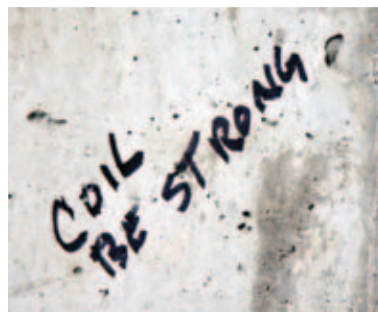
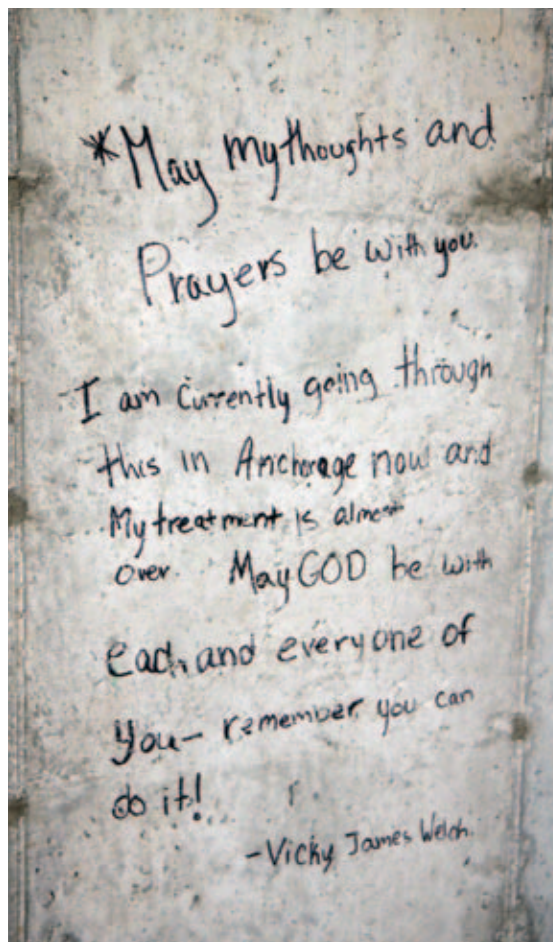
God Bless this Space and Place. Namaste.

I came to give life with JOY and ABUNDANCE.  
—John 10:10

Life Is Not Fair.

**MARY PAVAO**





I MAY LIVE WITH CANCER  
BUT IT DOES  
NOT!  
DEFINE ME

RENE PISEL WALKER

Nice to see caring hands come to Juneau.  
Love and Trust.

You are what you EAT...(your  
grandma was right all along!)

Always eat your BROCCOLI! it can save your life.

Take one day at a time! Stay Positive!  
LAUGH a LOT!

**PEGGY LESLIE, BREAST CANCER SURVIVOR**

Hi! I am a two time breast cancer survivor now.  
OMG! I'm still here! Seriously, take one day at  
a time and take time for yourself. You can get  
through this! Blessed Be.

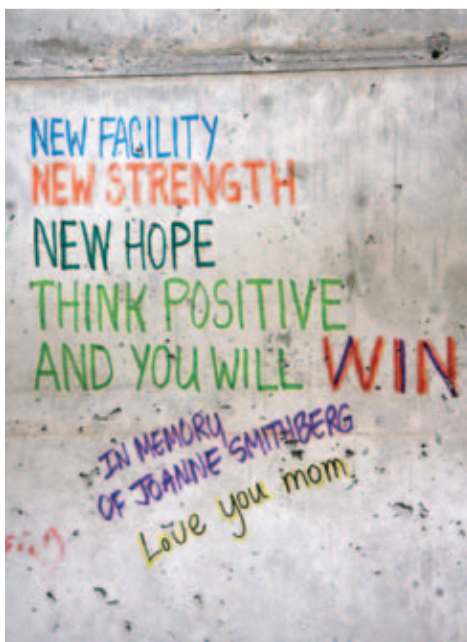
**MARY LESLIE**

Jeff, we thought of you today, but that is nothing new,  
We thought of you in our dreams too.  
We think of you all days and have so many memories too!  
Your memory is in our keepsake one which will never part.  
God had you in his keeping and we have you in our hearts.  
—Your loving family

For I know the plans I have for you declares the  
Lord, plans welfare and not for calamity, to give  
you a future and a hope. —Jeremiah 29:11

Thirteen years out and going strong!  
Keep looking up!





Hope is there

NO matter how you feel  
MOST people have to see it to

But the truth is

you have to believe it to see it

-Tyler Collins

Mom, We thought we were saying “Good-Bye” that  
day 19 years ago when cancer took you from us.  
But now we know you are with us still...in every  
smile, in each kind act and in all the laughter that  
blesses our home. You are “always in our hearts.”  
In memory of Judy Kunkle

I’m a survivor.

**MINOR**

Even though I walk through the valley of the  
shadow of death, I will fear no evil (cancer) for thou  
art with me. —Psalms 23:4

By his stripes I was healed. —Isaiah 53:5

Dx Breast Cancer April 2011

**GINNY MARTIN**

I can do all things through Christ who gives me Strength.  
—Philippians 4:13  
In memory of Michele Martin Nix

May God bless these walls and all that enter within them.  
Love always wins.  
**KARENA**

Glad you're here.  
**BP**

You never know how strong you are,  
until being strong is the only choice you have.  
**CATHY J.**

Cancer is not the end but the beginning of a new life  
with a new you and new priorities.  
**SHARON LOWE**





Find the "CAN" in Cancer  
Stay Positive, stay Strong

and Remember G. A. P.

DO

DO  
N33045

LOVE  
S

Patty

By His stripes you are healed!

**B GARDNER**

Psalm 103:5 He heals all your diseases and renews  
your youth like the eagles.

**KIM GARDNER**

Our love and prayers are with  
our family and neighbors.

**MERRILL SANFORD**

We did it...you can too.  
Love and Prayers.

**THE MAYOR'S BETTER HALF....PS**

## ROOM 528

Blowing, billowing, snow  
Muting colored outdoor Christmas Lights.  
In room 528  
The tree is trimmed in red, silver, and blue.  
Every ten seconds a monitor whirrs  
Red hemoglobin drips  
Three precious drops  
Of life saving blood  
Past blue clips into silvery tubes.  
It snakes down thin lines  
Through the monitor  
And into my husband's Hickman  
Silver saline tops the tree  
Whirr - drip - drip - drip - snake down.  
Whirr - drip - drip - drip - snake down.  
It's midnight in room 528  
The snow keeps billowing  
The blood keeps dripping  
The tree keeps giving  
And I keep giving thanks  
For selfless, anonymous donors  
And caregivers, everywhere  
Everyday heroes...

**TERRY HERDA GUCKER**





you are not alone!  
cancer is an unwelcome visitor in our lives.  
Remember... It does not define who we are.  
Use your support system - now is the time  
to accept help - set pride aside.

There are blessings to be found - even in the  
rough times. Sometimes you have  
to look hard, but they are there.

Hug... and be hugged.  
Jody Schmitz ♥

Don't give Up!

**OWEN**

You are NOT alone. Laugh, cry, LIVE.  
In memory of Vivian Sparrowgrove.

Hang in there! We're all behind you!

**FRED**

Mom and Dad you are always missed.  
Love, Mary.

After all I've been thru  
'I can still dance naked and smile.'

**DARLA HOWE, 2 YEAR SURVIVOR**

Keep the Faith!!!

**ROB**

God is our refuge and strength - a very  
present help in trouble —Psalms

Finally Brethren, Whatever is True Whatever is ...

“Beloved, I pray that you may prosper (in every way) and that (your  
body) may keep well, even as your soul keeps well and prospers.” —

III John 2

**AMY**

Cancer is a long Journey but it is one you will never have to  
walk alone. Don't give up we are with you. In memory of all the  
wonderful people I have met in my cancer journey.

**ALEX**

Your strength inspires, smile on...

**BECCA, JENNY**



Haa TUNOONAGU YIS  
FOR HEALING OUR SPIRITS



PRaise God For  
THIS CLINIC.  
JOHN 3:16

The strength,  
Support + Blessings  
from Jesus,  
Family and Friends  
will get you through!

2000 Roger  
8-25-

Hope!

All will be well and all will be well  
and all manner of things will be well.

**JULIAN AND NORWICH**

In Honor of Pa Bill.  
Love, Olivia

Love never ends.

In honor of Granddaddy Sandel and  
Meemam. Love never fails. Love, Madison

Praise be to the Lord for he has heard my cry  
for mercy. The Lord is my strength and my shield,  
my heart trusts in Him and He helps me.

—Psalm 28:6

**JUSTINE EMERSON**

Live Long Be Strong Seek Peace

23 years ago I was radiated in Seattle,  
good health to Juneau people radiated here.

**BEN**

We should have supported you more, Sarah.  
We are so happy you beat Cancer!  
We love you,  
Steve, Susan, Atlas & Meade

Keep on, Keepin' On

Thank you to my family, friends, and medical team.  
You make all the difference.

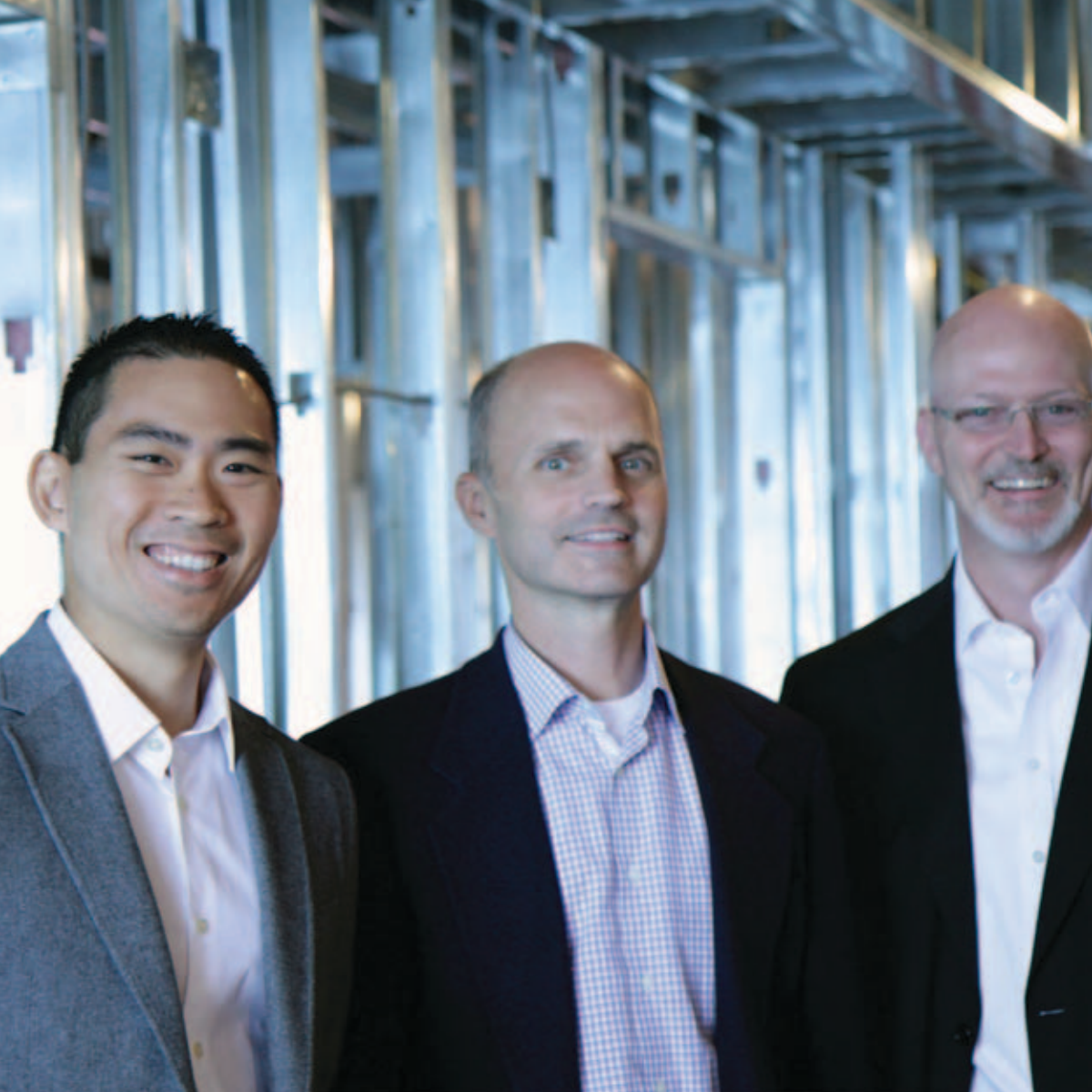
**K.G.**



God healed my  
wonderful wife  
of NHL - she  
said  
Jesus heals  
be strong  
you can do it  
IN  
Remission  
Since  
JAN  
2006! Thank God  
for TAMARA  
& the doctors!  
Mama Crockett  
Guy Crockett  
Also for  
my mom  
SYLVIA  
CROCKETT  
1925-1993  
LYNG CANCER  
Thank you LORD  
for giving her  
to me

EXERCISE  
YOUR  
SENSE  
OF  
HUMOR  
J. Crondahl

Every day is  
a choice to  
Live with cancer  
not  
Die from cancer.  
Terri Lockwood  
Stage 4 Breast Cancer



For Jan –  
Wonderful teacher, kind friend to all.  
You have made a positive  
difference in so many lives.

Cancer, Cancer Go AWAY.  
Come again – NEVER!

Rest in peace  
Mom, Jan, Uncle Jimmy, Aunt Yetta and Sheryl

Be strong...  
Be patient...  
GOD is on your side!

For Larry –  
Your strength and courage are  
an inspiration to us all.

Each day is a gift. Live life to the fullest!

**AMY J SPARROWGROVE-HOWARD, SURVIVOR**

After diagnosis – Rally and Fight.

After Recovery – Deny Reentry

Believe in Prolonged Reprieves

8 Years (and counting) MCL Survivor

In loving memory of my dear childhood friend XAN...  
you were a warrior and a heroine.

I'll love you forever.

**SHANNON**

Don't ask God why you got cancer...  
ask yourself why not me?

**CASSIE SULFRIDGE**

You never know how  
Strong you are until being  
Strong is the only choice  
you have.

YOU GOT THIS!  
Tara Mendoza

1593



May the words on  
These WALLS  
Remind us as physicians  
and therapist of the  
impact that cancer has on  
our patients & their families  
and inspire us to provide the  
most compassionate care &  
comfort to our patients

Dr John  
Halligan

## **What Cancer Cannot Do!**

Cancer is so limited...  
It cannot cripple Love  
It cannot shatter Hope  
It cannot corrode Faith  
It cannot destroy Peace  
It cannot kill Friendship  
It cannot suppress Memories  
It cannot silence Courage  
It cannot invade the Soul  
It cannot steal Eternal Life  
It cannot conquer the Spirit

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